# SUNDAY

7:00 AM **Morning Fix** 3891 Ridge Rd. O, P, 1HOUR

5:30 PM CLAREMONT Living Proof 1547 Lincoln Ave, O, NS, SP, STEP

RIVERSIDE

7:00 PM RIVERSIDE Seeking Our Serenity 5770 Arlington Ave O, TAG, Stick Topic

8:00 PM HOLLYWOOD Frontline 6838 Sunset Blvd. BHS Recovery Cntr O, NS, P, SP

## MONDAY

6:30 AM RIVERSIDE **Morning Fix** 3891 Ridge Rd. O,P,1HOUR

RIVERSIDE 12:00 PM Cup of Hope 4070 Jackson St. St. Michael's Church 0, P

7:30 PM LA PUENTE Young People's Meeting 846 N. Orange Ave. St. Andrews Presbyterian O, NS, P, Y

HOLLYWOOD 7:45 PM Monday Madness 1733 N. New Hampshire Ave.

Hollywood Lutheran Church 0, NS, P, SP, Y

8:00 PM YORBA LINDA O, NS, SP, CNDL Yorba Linda Youth 18372 Lemon Dr. 2nd floor of church Y, ROT

# TUESDAY

RIVERSIDE 6:30 AM Morning Fix 3891 Ridge Rd. **O,PART,1HOUR** 

12:00 PM RIVERSIDE Cup of Hope 4070 Jackson St. St. Michael's Church 0. P

7:00PM LOS ANGELES **Road to Recovery** 5852 S. Western Ave. The Greater LA Clubhouse Y. OP.

7:30PM RANCHO CUCAMONGA Men's Stag 10912 Jersey Blvd. O, D, M, TI, WC, Y, NS

7:30PM UPLAND Feelings 934 North Mountain Ave. 0, B, CS, D, WC, Y

7:30 PM RIVERSIDE **Just For Today** 5770 Arlington Ave. Wesley United Methodist Church O,JFT,NS

#### 7:30 PM **BUENA PARK** The Inside lob 6625 Dale St. Messiah Lutheran Church **O**, Living Clean BS,NS

10:00 PM HOLLYWOOD **Tuesday Late Night** 6838 Sunset Blvd. BHS Recovery CNTR.

## **WEDNESDAY**

RIVERSIDE 6:30 AM **Morning Fix** 3891 Ridge Rd. 0,P,1HOUR

12:00 PM RIVERSIDE Cup of Hope 4070 Jackson St. St. Michael's ChurchO,P

#### 5:30 PM MONROVIA Shack in the Back

122 S. California Ave. St. Luke's Church 0, P ,NS

6:30 PM ALTADENA Hope for Recovery 2052 N. Lake Ave. Enter From Back Parking Lot 0. P 7:00PM REDLANDS Young & Recovering 1686 Barton Road BMC O. WC. YP 7:30 PM REDONDO BEACH Young People of NA 18301 Kingsdale Ave. El Nido Park 0. NS. P. SP. Y

7:30PM RIVERSIDE The Basic Meeting 5770 Arlington Ave. Wesley United Methodist Church O, CS, D, WC, Y, NS, CW

7:30 PM WOODLAND HILLS Speak Your Truth 21050 Ventura Blvd. 0, R/F, W/L

7:30 PM LA PUENTE Monterey Park Men's Stag 200 N. First Street La Puente Women's Club O, D, MENS

8:00 PM ALTADENA The Next Generation 2052 N. Lake Ave. Suite F O, Candle light, P, Y, SP 1<sup>st</sup> WED.

8:00 PM REDLANDS **Does Anybody Care** 1307 Brookside Ave. 0,W/L,

8:30 PM HOLLYWOOD Mixed Nuts 1773 Griffith Park Blvd. AT Center O, NS, SP,G

### 7:30 PM White Book NA Parking in Back

## **THURSDAY**

6:30 AM RIVERSIDE **Morning Fix** 3891 Ridge Rd. **O,P,1HOUR** 

12:00 PM RIVERSIDE Cup of Hope 4070 Jackson St. St. Michael's Church 0,P

7:00 PM RIVERSIDE Surgery of the Spirit 3504 Mission Inn Ave. First Congregational Church SP, Double Book Study, Basement

8:00 PM RESEDA For the Newcomer 7855 Lindley Ave. As-You-Are Church (Meeting Hall) 0, CL, W/L

# FRIDAY

6:30 AM RIVERSIDE **Morning Fix** 3891 Ridge Rd. **O,P1HOUR** 

12:00 PM RIVERSIDE Cup of Hope 4070 Jackson St. St. Michael's Church 0.P

5:00PM LOS ANGELES Friday Recovery NA 5723 E. Whittier Blvd. MELA Counseling Center 0, D, Y

7:15 PM N. HOLLYWOOD All in an Hour 5629 Vineland Ave. 0, NS, P, W/L

SANTA ANA 7:30 PM Out of the Darkness 2525 N. Grand Ave. Suite X The Other Place O. NS. SP

PASADENA 1757 N. Lake Ave. O,S,PART

7:30PM **ONTARIO** Keep it Simple 810 E. Princeton St. Free Will Baptist Church O, D, WC, Y, Potluck last FRI

7:30 PM RIVERSIDE **Finally Friday** 

3504 Mission Inn Ave. First Congregational Church O,P, S last Friday of month

#### 10:00 PM VAN NUYS

Hungry for Recovery 16575 Sherman Way Denny's Restaurant 0, D, SP, WC, Y

#### SATURDAY

RIVERSIDE 7:00 AM **Morning Fix** 3891 Ridge Rd. **O.P.1HOUR** 

10:00 AM MORENO VALLEY Jump Start 21516 Dracea Ave. 0, BS

LOS ANGELES 10:30 AM **GELA Young People Meeting** 1200 N. State Wellness Center 0,Y

RIVERSIDE 6:30 PM Hope Not Dope 4495 Magnolia Ave.

Parking in hospital parking lot O,NS 10:00 PM HOLLYWOOD Saturday Late Night

6838 Sunset Blvd. BHS Recovery CNTR O, NS, P, CNDL

\*Updated September 2019\*

## **REGIONAL INFORMATION**

For meetings in the So Cal Region, Please contact the following areas:

BAY CITIES (310) 405-0348 ext.814 **EASTERN IE** (909) 370-3568 **GREATER EAST LA** (323) 721-5504 **GREATER LA** (323) 933-5395 IE WEST (909) 622-4274 **ORANGE COUNTY** (714) 590-2388 SAN GABRIEL VALLEY (626) 584-6910 SOUTH COAST (800) 333-3610 WEST END (818) 787-9706

**DESERT EMPIRE** (760) 255-2045 EASTERN SIERRA (760) 446-4445 **GREATER HOLLYWOOD** (323) 850-1624 **IE FOOTHILLS** (909) 795-0464 **NORTHERN COUNTIES** (626) 541-9900 SAN FERNANDO VALLEY (818) 997-3822 SANTA CLARITA (800) 338-2155 S. ANTELOPE VALLEY (661) 266-2200 WESTSIDE (310) 390-0279

**INFORMACION EN ESPAÑOL** (626) 359-1499

Or contact (800) TODAY-NA for information regarding meetings in the Southern California Region

#### **MEETING CODES**

0	Open to all – only addicts may		
	participate		
CNDL	Candle Light Meeting		
PART	Participation	TOPIC	Topic
SPKR	Speaker	BS	Basic Text
N/S	Non-Smoking	TAG	Tag Topic
JFT	Just for Today	STEP	Step Study
LC	Living Clean	W/L	Wheelchair
ITH&W	It Works: How and Why		
R/F	Rotating Format		
Y	Young People's Meeting		

Most NA meetings are 90 minutes, unless otherwise specified. Should you find a meeting is no longer active, please call (800) TODAY-NA.



#### WHAT IS THE NARCOTICS ANONYMOUS PROGRAM

NA is a nonprofit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to NA. We are not affiliated with any other organizations. We have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups, and are under no surveillance at any time. Anyone may join us regardless of age, race, sexual identity, creed, religion, or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

## **PHONE NUMBERS**



#### FOR YOUR INFORMATION

A listing in this directory is not meant as an endorsement or approval of the groups' practice of the principles and traditions of Narcotics Anonymous. The groups listed in this directory are included at their request.

This meeting directory is meant for locating meetings only.

# Regional Youth MEETING DIRECTORY FOR Meetings PR AND H&I



# 24 HOUR PHONELINE (800) TODAY-NA

# WWW.TODAYNA.ORG

We cannot change the nature of the Addict or Addiction... We can help to change the old lie, "Once an addict, always an addict" by striving to make recovery more available.